

Olga Louchakova-Schwartz, M.D., Ph.D.

Curriculum Vitae

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EXECUTIVE SUMMARY

- I am a phenomenological philosopher, researcher-developer, and educator
- Thirty + years of research and management of research teams in behavioral sciences, biotechnology, and neuroscience. Methods: qualitative, quantitative, experimental, translational research
- Twenty five + years of teaching, curriculum and instructional design, and program development
- Supervised more than forty doctoral dissertations in psychology, social science, and medicine
- Twenty five+ years of organizational consulting, seminars, and individual counseling
- Founded and directed several successful non-profit organizations and start-ups in the US and internationally
- 100 + peer-reviewed publications <https://ucdavis.academia.edu/OlgaLouchakova>, 3 patents in biotechnology and a trademark in methodology of human development,
- Authored and directed Hridayam® Public Health and Spirituality Program (6 countries, more than 5000 people)
- Founded and directed Transpersonal Research and Education Specialization, World Wide Learning Exchange Program, and Neurophenomenology Lab at the Institute of Transpersonal Psychology
- Projects development experience in psychology, biotechnology and neuroscience, including supervision of research teams
- Research featured on BBC, Science Daily and other important forums
- Interdisciplinary knowledge crossing over philosophy of religious studies, psychoneuroimmunology, social and behavioral health, social, religious, depth-, transpersonal and medical psychology, applied philosophy, phenomenology, human development, migrations, cognitive neuroscience, and comparative religion
- Worked with disadvantaged communities prior and after the terrorist events of September 11, 2001, in Turkey and in the United States, in the UK after the bombings of London Tube, and in the Kevadi slum district of Mumbai and the impoverished villages of central Maharashtra, India
- Familiar with Russian, Ukrainian, Tatar, Turkish, Jewish, Arab and Persian cultural values, norms and practices. Russian and English: fluent; Sanskrit and Arabic: basic level; German, French, Italian: limited written

Education

Ph.D. Pavlov Institute, Russian Academy of Sciences	1983-1989
M.D., St. Petersburg State Pediatric Medical University	1974-1980
M.A.(equivalent) in Spirituality and Comparative Religion, School of Contemporary Hesychasm, St.Petersburg, Russia	1987-1989

Current Positions

Adjunct Professor Undergraduate Business Administration Program Hult International Business School San Francisco Campus	2016 -
Assistant Clinical Professor (VCF) Department of Public Health Sciences, School of Medicine, University of California at Davis	2015 -
Visiting Professor and Lecturer Graduate Theological Union Berkeley, CA	2013 -

Professional Experience

Founding Director Transpersonal Education and Research Specialization World Wide Learning Exchange Program NeuroPhenomenology Center Institute of Transpersonal Psychology Palo Alto, CA	2004-2013 2010-2013 2007-2013
Senior Scientist Laboratory of Neurochemistry Pavlov Institute of Physiology of the Russian Academy of Sciences, St. Petersburg	1986-1992
Research Scientist Albert Hoffmann Foundation, Los Angeles	1992-1994

Academic Appointments

Professor of Psychology and Comparative Religion, Program Chair and Director of Research PhD Program in Psychology/Transpersonal Psychology (residential-hybrid-online), Sofia University	2014-2016
Professor of Psychology and Comparative Religion Institute of Transpersonal Psychology, Palo Alto, CA	2012-2013
Associate Professor of Psychology Institute of Transpersonal Psychology, Palo Alto, CA	2005-2012
Assistant Professor of Psychology Institute of Transpersonal Psychology, Palo Alto, CA	2001-2005
Adjunct Research Faculty member, Institute of Transpersonal Psychology, Palo Alto, CA	1993-2001

Instructional faculty member Public Health Program, Antonov School, St. Petersburg and Moscow	1988-1991
Adjunct Professor Consciousness Studies Program, John F Kennedy University, Berkeley, CA	1994-1997
Instructor UC Berkeley Extended Education, Berkeley, CA	1993-1995
Adjunct Professor Philosophy and Religion Program California Institute of Integral Studies, San Francisco, CA	1992-1996

Other Positions and Employment

Psychotherapist and spiritual guide in private practice	1988-present
Minister and teacher of meditation and spirituality, Hridayam ® School, San Anselmo and Berkeley, CA	1998-present
Consultant in holistic health, Mercy Center, Burlingame, CA	1996-2011
Teacher-in-residence and seminar leader, Esalen Institute, Big Sur, CA	1994-2004

Certification and Licensure

Certificate in Vertebroneurology, Northwestern State Medical University, St. Petersburg	1983
Certificate in Neurodiagnostics and Psychotherapy, Bekhterev PsychoNeurological Research Institute, St. Petersburg	1987
Breathwork, Lifeworks International, UK and Moscow, 1989.	1998
Ordination in Mind-Body Healing Association for the Whole Person, Petaluma, CA	1998

Professional Memberships and Activities

Member, World Psychiatric Association and Stress Research Section	2016-
Member, Professional Advisory Group for Clinical Pastoral Education Program, Kaiser Permanente Diablo Service Area	2013-
Member, Society for the Scientific Study of Religion	2013-
Member, American Academy of Religion	2011-
Chair of the Board of Trustees, Hridayam® School,	1994-
Member, World Phenomenology Institute	2006-
Member, American Psychological Association	2003-
Member, Board of Trustees, American Association for Transpersonal Psychology	1992-
Member, Organization for the Human Brain Mapping	2009-2011
Member, Society for Cognitive Neuroscience	2009-2011
Member, American Philosophical Association	2007-2011
Member of the Board of Trustees, Institute of Transpersonal Psychology Foundation	2014-2016

Honors and Awards

Pre-Doctoral Research Fellowship, Pavlov Institute of Physiology of the Russian Academy of Sciences.	1983-1984
Research Fellowship, Chasov Russian Cardiological Scientific-Industrial Complex, Ministry of Health of Russian Federation.	1987-1989
Faculty Development Award, John F Kennedy University.	1995
Award for Development of Higher Education in Mexico, Universidad Transpersonal. Puebla De Zaragoza.	2010

Committee Assignments and Administrative Services

Chair, the Strategic Development Committee, Sofia U	2016-
Chair, Student Success Committee	2015-2016
Member of Institutional Planning Committee, Sofia U	2014-
Chair of the Program Development Committee , Institute of Transpersonal Psychology	2003-2007
Member of the Strategic Planning Committee. Institute of Transpersonal Psychology	2007-2011
Member of the Scientific Committee, Philosophy Series in honor of Anna-Teresa Tymieniecka, Pontifica Universita Lateranense	2014-
Member of the International Scientific Committee, 64th International Phenomenology Congress, Milan, Oct 2014	2014
Member of the Scientific Committee, The 62nd International Congress of Phenomenology on The Theme Forces of the Cosmos and the Ontopoietic Genesis of Life, Paris, France August 8-10, 2012	2012
Member of informatics and marketing committee, Institute of Transpersonal Psychology	2007-2011

Educational Activities

Teaching portfolio provided upon request

Editorial Board Appointments

Journal of Philosophical and Theoretical Psychology, Associate Editor	2013-present
Activitas Neurosa Superior, the Editorial Board member	2013-present
International Journal of Transpersonal Psychology, <i>ad hoc</i> reviewer	2008-present
Philosophy Study, Associate Editor	2011-2014
Analecta Husserliana (Springer), the Editorial Board member	2008-2013
Elixir, member of the Editorial Board	2006-2009
Hridayam@ School, Newsletter, Editor-in-Chief	1994-1999

Publications

Provided upon request

Note: An asterisk indicates publications in which a mentored student of O. Louchakova-Schwartz is listed. A double asterisk indicates publications in which O. Louchakova-Schwartz performed a major bulk of research and/or used her patented method. For the latest publications in philosophy of religion, scroll down the list.

Peer-Reviewed Articles

1. Taranova, A. Shvalko, A., Rybalko, D., & Kirchik [Louchakova], O. 1982. Proteinogram and humoral immunity data changes during Typhimurium infection in children. *Natural Immunity Factors*, VIII, 129-130.
2. Taranova, N., Shwalko, A. & Kirchik [Luchakova], O. 1983. Aminoacid and protein spectrum and humoral immunity changes in children with Typhimurium infection. *In Acute Intestinal Infections*, VII, 60-63. Leningrad, Russia: Institute Experimental Medicine.
3. Ailamazian, E.K, Taranova, N.P., Zhuravlev, A.V., Kirchik [Luchakova] O.S..1984. Absorption by rat fetal tissues of ¹⁴C-labeled phospholipids injected into the rat body in late stages of pregnancy. *Biulleten Eksperimentalnoi Biologii i Mediciny*, 98(7), 93-4. Russian.*
4. Ailamazyan, E., Taranova, N., Luchakova, O., & Zuravlev, A.1984. Exogenous 14-C-phospholipids absorption by the embryonal rat brain tissue during the last stage of prenatal development. In O. Adrianov (Ed.), *Developing Brain* (pp. 214-215) Tbilisi, Georgia: Acad.Sci.Georg..*
5. Taranova, N.P., & Kirchik [Luchakova], O.S. 1985. Antibodies to myelin cerebroside and their role in the pathogenesis of autoimmune demyelinating diseases (review). *Zhurnal Nevropatologii i Psikiatrii Imeni S S Korsakova*, 85(12), 1863-72. Review. Russian. **
6. Taranova, N., & Luchakova, O. 1985. Immunological reactivity of antibodies to myelin cerebroside in experiment and clinics. *Acta Neurol (Napoli)*, 7, 243.**
7. Taranova, N. & Luchakova, O. 1986. Cerebroside of oligodendroglia and myelin: Immunogenicity in the experiment and clinics. In S. Tucek (Ed.), *Molecular Basis of Neural Function: Abstracts of the sixth general meeting of the European Society for Neurochemistry* (p. 422).**
8. Taranova, N., & Luchakova, O. 1987. Immunologicheskaya reaktivnost antitel k galactocerebroside myelina s antigenami s razlichnym lipidnym sodержaniem. [Immunological reactivity of antibodies to myelin galactocerebroside with antigens different in lipid contents]. *Neurochimia*, 219-226.**
9. Luchakova O.S., & Taranova N.P. 1987. Micromethod of determining antibodies to nerve tissue galactocerebroside in the complement fixation reaction. *Biulleten Eksperimentalnoi Biologii i Mediciny*, 104 (12), 755-7. Russian.
10. Luchakova, O. 1987. Vyjavleniia antitel k neurospetsificheskimi antigenami dlya diagnostiki povrezhdenii membran golovnogogo mozga. [Revealing of autoantibodies to the neurospecific glycolipid for the purpose of CNS membrane alterations diagnostic]. In S. Severin (Ed.), *Fundamental neurochemistry—to medicine* (pp. 131-132). Gorky, Russia: Acad. Sci.
11. Taranova, N., & Luchakova, O. 1988. Brain galactocerebroside immunogenicity in the people with nervous system diseases. *Neurochem. Intern.*, 13 (suppl. 1), 179.**
12. Taranova, N.P., Luchakova, O.S., Buriakova, A.V. 1989. Antibodies to galactocerebroside of the brain in the blood serum of children with neuroinfections. *Zhurnal Nevropatologii i Psikiatrii Imeni S. S. Korsakova*, 89(7), 27-31. Russian.**
13. Luchakova, O. & Taranova, N.1989. Antitela k galaktotserebroside mozga kak immunodiagnosticheski test povrezhdenii oligodendroglia i myelina. [Autoantibody to brain galactocerebroside (galC) as an immunodiagnostic test of oligodendroglia and myelin damage]. *Jurnal. Neurochemii*, 52(suppl. 1), S.196.
14. Vinogradova, I.M., Dobretsov, M.G., Matiushkin, D.P., Luchakova, O.S., Taranova, N.P. 1989. Effect of antibodies to glial glycolipid antigens on miniature end-plate potentials. *Neirofiziologiya*, 21(2), 217-23. Russian.**
15. Vinogradova, I.M., Dobretsov, M.G., Matiushkin, D.P., Luchakova, O.S., Taranova, N.P. 1989. Antibodies against glial glycolipid antigens affect synaptic potentiation and depression in the frog nerve-muscle synapse. *Doklady Akademii Nauk SSSR*, 304(6), 1504-7. Russian. **
16. Sotnikov, O., Taranova, N., Chalisova, O., & Luchakova, O. 1989. Nevrit- gliya vzaimootnosheniya pod vliyaniem antitel k tserebroside. [Nevrit-glia interrelationships change under the influence of antibodies to galactocerebroside (in vivo investigation of tissue culture)]. *Archivy Anatomii. Gistologii i Embriologii* 46, 14-22.**
17. Suvorov, N., Makarov, F., Taranova, N., Rybakov, V. & Luchakova, O. 1989. Morfologicheskie i

- metabolicheskie izmeneniya v kletochnukh strukturakh mozga pri nevroze. [Morphological and metabolic changes in the cell structures of neurosis brain]. In N. Suvorov (Ed.), *Neurosciences: Experimental and clinical research*. (pp. 55-66). Leningrad, Russia: Nauka.**
18. Taranova, N. & **Luchakova, O.** 1989. Neurosis induction influence upon the content and biosynthesis of rat brain gangliosides. In V. Shuvaev (Ed.), *Mechanisms of regulation of physiological functions* (p. 109). Leningrad, Russia: Acad. Sci.**
 19. Taranova, N. & **Luchakova, O.** 1989. Effects of REM-SLEEP deprivation on brain and synaptosomal gangliosides' content and turnover. *Neurochem. Intern.*, 13 (suppl. 1), 178.
 20. Taranova, N., Sergeeva, S., & **Luchakova, O.** 1989. O. Retzius neuron electrogenesis in the conditions of neuron-glia relationships altered by the antibodies to gliaspecific glycolipid antigens. In A. Roitbak (Ed.), *The Neuroglia Functions* (p. 11). Tbilisi, Georgia: Acad. Sci. Georg..**
 21. Vinogradova, I., Dobretsov, M., Bereznikovskaya, E., Matyushkin, D., & **Luchakova, O.** 1989. Possible Schwann cell function in the neuro-muscular junction of a frog. In A. Roitbak (Ed.), *The Neuroglia Functions* (p. 12). Tbilisi, Georgia: Acad. Sci. Georg.**
 22. Sotnikov, O.S., Taranova, N.P., Chalisova, N.I., **Luchakova, O.S.** 1989. Changes in the neurite-glia interrelations under the influence of antiserum against galactocerebrosides (a vital tissue culture study). *Arkhivy Anatomii, Gistologii i Embriologii*. 96(2), 14-23. Russian.**
 23. Koslova, M., Glushenko, T., Slepko, N., Taranova, N., Andjan, N. & **Luchakova, O.** 1989. Glia cells differentiation in culture: Morphological and immunocytochemical investigation. In A. Roitbak (Ed.), *The Neuroglia Functions* (p. 43). Tbilisi, Georgia: Acad. Sci. Georg..**
 24. **Luchakova, O.** 1990. Meditativnaya praktika v letnem lagere dlya vsroslykh. [Meditative practices in the summer camp for adults]. In V. Antonov (Ed.), *Raja and Buddhi Yoga* (pp.423-428). Moscow, Russia: Association Cosmonautics to Humanity .
 25. **Luchakova, O.** 1990. Vliyanie antitel k glycolipidam mozga na neorogliaalne otnosheniya. [Antibodies to brain glycolipid influence neuron-glia interrelationships]. In E. Korneva (Ed.), *The Interaction of Nervous and Immune system* (pp. 180-181). Leningrad, Russia: Acad. Sci. USSR & Acad. Med. Sci.
 26. **Louchakova, O.** 1990. Method for diagnostics of the alterations of the cellular structures of the nervous tissue in neurologic patients by the means of revealing the autoantibodies to the glycolipid brain antigen. *The Proposals for Practical Use. Informational project* (P76.03.55), 8, 1-3.
 27. **Louchakova, O.** & Taranova, N. 1990. Antibodies against brain galactocerebrosides (GalC) in humans with acute neurological diseases. In D. Biesold (Ed.), *Abstr. 8th Gen. ESN Meeting*, 65 .
 28. Taranova, N.P., Sergeeva, S.S., **Luchakova, O.S.**, Maïorov, V.N. 1991. Changes in the plastic properties of the neuron under the action of antibodies to specific glycolipid antigens of the glia. *Dokl Akad Nauk SSSR*, 8(1), 244-7. Russian.**
 29. **Luchakova, O.S.**, Zulev, N., Lobsin, A., & Taranova, N. 1991. Sposob diagnostiki perifericheskoi nervopatii. [The method for the diagnostics of peripheral neuropathy]. *Sovetskaya Medicina*, 28, 63-70.*
 30. Taranova, N., Sergeeva, S., & **Louchakova, O.** 1991. Nevroplasticheskie ismeneniya v nevroglie pod vliyaniem antitel k gliyaspecificheskim glycolipidnym antigenam. [The neuroplasticity changes of neuroglia under the influence of antibodies to gliaspecific glycolipid antigens]. *Doklady Akademii Nauk*, 318, 244-247.**
 31. Makarov, A., Taranova, N., **Louchakova, O.**, & Leikin, I. 1991. Antitela k glikolipidnym antigenam glii pri ostruh i khronicheskikh narusheniyakh spinnomozgovogo krovoobrasheniya. [Autoantibodies to glia glycolipid antigens in acute and chronic spinal blood circulation disorders]. *Zurnal Nevrologii i Psichiatrii*, 91, 52-55.*
 32. **Luchakova, O.** & Taranova, N. 1991. *Diagnostika ismenenii v kletochnux strukturah nervnoi tkani. Metodicheskie rekomendatsi.* [Diagnostics of the alterations of the cellular structures of the nervous tissue. Methodological recommendations]. St.Petersburg, Russia: Rus.Acad.Sci.publ.
 33. **Luchakova, O. S.**, Taranova N., & Guseva, V. 1991. Sposob otzenki immunnoi reaktivnosti protiv nervnoi tkani v zdorovykh detyakh. [The method of estimation of the immune reactivity against the nervous tissue in healthy children]. *Pediatria*, 7, 6-15.
 34. Makarov, A.Iu., Taranova N.P., Leikin I.B., **Luchakova O.S.**, Loboda E.B. 1991. Autoantibodies to glycolipid antigens of oligodendroglia in acute and chronic disorders of spinal circulation. *Zhurnal Nevropatologii i Psichiatrii Imeni S. S. Korsakova*. 91(1), 52-5. Russian.*
 35. Taranova, N.P., Makarov, A.Iu., Amelina, O.A., **Luchakova, O.S.**, Loboda, E.B., Leikin, I.B. 1992. *Zhurnal Voprosov Neirokhirurgii Imeni N. N. Burdenko*. The production of autoantibodies to nerve tissue glycolipid antigens in patients with traumatic spinal cord injuries. (4-5), 21-4. Russian.*
 36. Vinogradova, I.M., Dobretsov, M.G., Bereznikovskaia, E.Iu., Matiushkin, D.P., **Luchakova, O.S.**, Taranova, N.P. 1992. The possible function of Schwann cells in neuromuscular transmission in the frog. *Fiziologicheskii Zhurnal SSSR Imeni I. M. Sechenova*, 78(7), 51-5. Russian.**
 37. Taranova, N. Totolyan, & I. Friedman, **Louchakova, O.S.** 1993. Autoantitela k cerebrosidam pri rsseyannom sklerose. [Autoantibodies to cerebrosides in multiple sclerosis]. *Sovetskaya Medicina*, 9, 26-47.**

38. Lobzin, V.S., Zhulev, N.M., **Luchakova, O.S.**, Taranova, N.P., Zavolokov, I.G., Badzgaradze, Iu.D., Tiukarkina, A.B. 1993. The differentiation of the pathogenetic variants of nerve trunk lesions. *Zhurnal Nevrologii i Psikhiiatrii Imeni S. S. Korsakova*, 93(5), 97-9. Russian.*
39. Vinogradova, I. M., Dobretsov, M. G., Bereznikovskaya, E. Yu., **Luchakova, O.S.**, Taranova, N.P. 1993. A possible function of Schwann cells in neuromuscular transmission in the frog. *Neuroscience & Behavioral Physiology*, 23(6), 576-9.*
40. Kungurtsev, I. & **Louchakova, O.** 1994. The unknown Russian mysticism: Pagan sorcery, Christian yoga, and other esoteric practices in the former Soviet Union. In T. R. Soidla & S. I. Shapiro (Eds.), *Voices of Russian Transpersonalism* (pp. 7-15). Brisbane, Australia: Bolda-Lok.
41. Totolyan, N.A. & **Luchakova, O.S.** (1996). Antibodies to brain galactocerebroside in the serum and cerebrospinal fluid of patients with disseminated sclerosis. *Zhurnal Nevrologii i Psikhiiatrii Imeni S. S. Korsakova*, 96(4), 75-87. Russian.**
42. Wall, K. & **Louchakova, O.** 2002. Evolution of consciousness in responses to terrorist attacks: Towards a transpersonal theory of cultural transformation. *The Humanistic Psychologist*, 30(3), 252-273.
43. **Louchakova, O.**, & Warner, A. 2003. Via Kundalini: Psychosomatic excursions in transpersonal psychology. *The Humanistic Psychologist*, 31(2-3), 115-158.
44. **Louchakova, O.**, Brevde, G. 2003. Transpersonalnaya Psychologia v SShA: Istoria, problemy, perspektivy. [Transpersonal Psychology in the United States: History, problems, perspectives]. *Vestnik Integrativnoi Psihologii*, 1, 14-16.
45. **Louchakova, O.** 2005. On advantages of the clear mind: Spiritual practices in the training of phenomenological researcher. *The Humanistic Psychologist*, 33(2), 87-112.
46. **Louchakova, O.** 2007. Spiritual heart and direct knowing in the Prayer of the Heart. *Existential Analysis*, 18(1), 81-102.
47. **Louchakova, O.** 2007. Prayer of the Heart, Ego-transcendence and adult development. *Existential Analysis*, 18(2), 261-287.
48. **Louchakova, O.** 2009. Fondements de la therapie transpersonnelle: Une approche phenomenologique feministe. [Visioning the foundations of transpersonal therapy: Feminist phenomenological approach]. *Synodios*, 81-87.
49. **Louchakova, O.**, & Lucas, M. 2009. Self as the clinical category: Reflections on culture, gender and phenomenology. *Journal of Transpersonal Psychology*, 39(2), 111-136.
50. Kozhevnikov, M., **Louchakova, O.**, Josipovic, Z., & Motes, M. A. (2009). The enhancement of
51. visuospatial processing efficiency through Buddhist deity meditation. *Psychological Science*, 20(5), 645-653.
52. **Louchakova-Schwartz, O.** 2012. Intuition of life in Tymieniecka's Phenomenology with a reference to intuition of Sat in Sañkara's Advaita Vedanta. *Culture & Philosophy: A Journal for Phenomenological Inquiry*, 2011, 40-60.
53. **Louchakova-Schwartz, O.** 2012. Self in the Path(o)s of the New Enlightenment: Towards a New Clinical Theory. *Agathos. An International Review of the Humanities and Social Sciences*, Volume 3, Issue 1 / 2012, 7-30.
54. **Louchakova-Schwartz, O.** 2015. Theophanis the Monk and Monoimus the Arab in a Phenomenological-Cognitive Perspective. De Gruyter. *Open Theology*, xx-xx, to appear.
55. Bob, P. & **Louchakova, O.** 2015. "Dissociative States in Dreams and Brain Chaos: Implications for Creative Awareness". *Frontiers in Psychology*, 6 (07 September 2015), <http://dx.doi.org/10.3389/fpsyg.2015.01353>
56. **Louchakova-Schwartz, O.** 2015. A Phenomenological Approach to Illuminationist philosophy: Suhrawardī's *nūr mujarrad* and Husserl's reduction. *Philosophy East and West*, 64 (2), 1052-81.
57. **Louchakova-Schwartz, O.** 2016. Theophanis the Monk and Monoimus the Arab in a Phenomenological-Cognitive Perspective. *Cognitive Science of Religion Open Access. Open Theology*. Volume 2, Issue 1, ISSN (Online) 2300-6579, DOI: 10.1515/opth-2016-0005, February 2016.

Peer Reviewed Book Chapters

1. **Louchakova, O.** 2005. Awakening to spiritual consciousness in times of religious violence: Reflections on culture and transpersonal psychology. In J. Drew & D. Lorimer (Eds.), *Ways through the wall: Approaches to citizenship in an interconnected world* (pp. 32- 46). Lydney, UK: First Stone.
2. **Louchakova, O.** 2005. Ontopoiesis and union in the Prayer of the Heart: Contributions to psychotherapy and learning. In A.-T. Tymieniecka (Ed.), *Analecta Husserliana: Logos of phenomenology and phenomenology of the logos. Book four: The logos of scientific interrogation. Participating in nature—life—sharing in life* (Vol. 91) (pp. 289-311). Dordrecht, Netherlands: Kluwer.
3. **Louchakova, O.** 2007. Ontopoiesis and spiritual emergence: Bridging Tymieniecka's Phenomenology of Life and transpersonal psychology. In A.-T. Tymieniecka (ed.), *Analecta Husserliana: From the Animal Soul to the Human Mind* (Vol. 94) (pp. 43-68). Dordrecht, Netherlands: Kluwer.
4. **Louchakova-Schwartz, O.** 2011. Self and world: Vedanta, Sufism, and Presocratics in a phenomenological

- view. In A.-T. Tymieniecka (Ed.), *Phenomenology/Ontopoiesis: Retrieving Cosmic Horizons of Antiquity* (pp. 423-438). Dordrecht, Netherlands: Springer.
5. **Louchakova-Schwartz, O.** 2013. Cognitive phenomenology in the study of Tibetan meditation: Phenomenological descriptions versus meditation styles. In S. Gordon (Ed.), *Neurophenomenology: Its Applications to psychology* (pp. 61-87). Dordrecht, Netherlands: Springer.
 6. **Louchakova-Schwartz, O.** 2013. Direct intuition: Strategies of knowledge in the Phenomenology of Life, with reference to the Philosophy of Illumination. In A.-T.-Tymieniecka (ed.), *Phenomenology and the Human Positioning in the Cosmos*, Book 1. *Analecta Husserliana CXIII*, 291-315. Dordrecht: Springer.
 7. **Louchakova-Schwartz, O.** 2014. Dia-Log(os): Genesis of Communicological Virtues in the Phenomenology of Life, with the reference to the Advaita Vedānta of Śaṅkara. *Analecta Husserliana, CXVII. Phenomenology of Space and Time*. 193-206. Springer.
 8. **Louchakova-Schwartz, O.** 2014. The seal of philosophy: Tymieniecka's Phenomenology of Life in Islamic metaphysical perspective. In A-T.Tymieniecka, N. Muhtaroglu & D. Quinter (Eds.) *Islamic and Occidental Philosophy in Dialogue*, 7, 71-101, Dordrecht: Springer.
 9. **Louchakova-Schwartz, O.** 2014. A paradox of the New Enlightenment: The "endangered" self in the path(o)s of individualizing life. *Acts of the Vie Della Fenomenologia nella "post-modernita."* [*Phenomenological Paths in Post-Modernity*], pp. 205-220. *Confronto con la Fenomenologia della Vita di Anna-Teresa Tymieniecka*, Pontifical Univesità Antonianum, Rome, Italy.

Non Peer-Reviewed Articles and Book-Chapters

1. Kungurtsev, I., & **Louchakova, O.** 1992, A proposal for collaborative psychedelic research in Russia. *MAPS Newsletters*, 3(2), 21.
2. Kungurtsev, I. & **Louchakova, O.** 1994. Earth and spirit. *Gnosis*, 33, 14-21.
3. Kungurtsev, I. & **Louchakova, O.** 1994. The unknown Russian mysticism: Pagan sorcery, Christian yoga, and other esoteric practices in the former Soviet Union. *Gnosis*, 32, 20-27. Reprint: (1997).
4. **Louchakova, O.**, & Johnson, K. 2000. Icons: Windows to the divine. *The Quest*, 88(2), 44-50
5. **Louchakova, O.** 2004. Essence of the Prayer of the Heart. In L. Lozowick, *Gasping for air in a vacuum* (pp. 35-50). Prescott, AZ: Hohm Press.
6. **Louchakova, O.** 2006. EUROTAS and GRETT meeting, Loire, France, October 5-8, 2006 (2006/2007, December/January). *AHP Perspective*. Retrieved from <http://www.ahpweb.org/pub/perspective/perspectarchive.html>
7. **Louchakova, O.** 2007. Scholars from Kyrgyzstan participate in a transpersonal international exchange. (2007/2008, December/January). *AHP Perspective*. Retrieved from <http://www.ahpweb.org/pub/perspective/perspectarchive.html>
8. **Louchakova, O.** 2008. The experience of sohbet. *Newsletter for the International Association of Sufism*, 7, 2-3.
9. **Louchakova, O.** 2009. Kundalini and health: Living well with spiritual awakening. In *Kundalini rising: Exploring the energy of awakening* (pp. 97-115). Boulder, Colorado: Sounds True.
10. **Louchakova-Schwartz, O.** 2014. Transpersonal Psychology as a Lifestyle: Reflections on the recent developments in the field of transpersonal psychology. *Newsletter of the Association of Transpersonal Psychology*.

Dissertation

1. **Louchakova, O.** 1988. *Autoantibodies to the Galactocerebroside of the Brain in Experimental and Clinical Research*. Autoreferate, Unpublished Doctoral Dissertation, Pavlov Institute of Physiology of the USSR Academy of Sciences.
2. **Louchakova, O.** 1988. *Autoantibodies to the Galactocerebroside of the Brain in Experimental and Clinical Research*. Unpublished Doctoral Dissertation, Pavlov Institute of Physiology of the USSR Academy of Sciences.

Monographs

Louchakova, O. 1999. Hridayam® Method: *Shaki-Yoga Verbatim*. Unpublished monograph.

Book Reviews

1. **Louchakova, O.** 1999. [Review of Sovatsky, Stuart. Time, East-West Spirituality, and Psychotherapeutic Narrative. SUNY series in Transpersonal Psychology. Albany, NY: SUNY.1989]. *Journal of Transpersonal Psychology*.
2. **Louchakova-Schwartz, O.** 2011. [Review of the book *Kundalini yoga meditation for complex psychiatric*

disorders: Techniques specific for treating psychoses, personality and pervasive developmental disorders, by D. S. Shannahoff-Khalsa]. *The Humanistic Psychologist*, 39(1), 60-62.

3. **Louchakova-Schwartz, O.** 2015. Review of Miller, Judith. 2015. *Healing the Western Soul: A Spiritual Homecoming for Today's Seeker*. Paragon House, St. Paul, MN. *The Humanistic Psychologist*, 2015, xx-xx, to appear.

Work in Progress: Abstracts

1. Greenwell, B and **O. Louchakova** (Eds.), *Proceedings of the 7th International Symposium, Kundalini Research Network "Understanding Kundalini: Quantum evolution for the new millennium"* (pp. 61-70). Norcross, GA: Simpson.
2. **Louchakova, O.** 2004. Via Kundalini: Intentionality of consciousness according to Shakta-Vedanta. *Toward a Science of Consciousness April 7-11, 2004, Tucson, AZ. Consciousness Research Abstracts*, 220, 88. **Louchakova, O.** 2008. Reconstitution of the self during the study of Advaita Vedanta (Traditional Indian teachings of non-dual consciousness): Phenomenological investigations. *Toward a Science of Consciousness, April 8-12, 2008, Tucson, AZ, Consciousness Research Abstracts*, 315, 194.
3. **Louchakova, O.** 2006. Ontopoiesis and the self: Phenomenological investigations of egological and non-egological condition. *Toward a Science of Consciousness, April 4-8, 2006, Tucson, AZ. Consciousness Research Abstracts*, 238, 168.
4. **Louchakova, O.** 2009. Contra Husserl, body supports spiritual awareness. How? Flesh of the world in Tantric meditation. *Toward a Science of Consciousness, June 11-14, 2009, Hong Kong, China. Consciousness Research Abstracts*, 142, 142a.
5. **Louchakova-Schwartz, O.** 2013. The Hesychastic Prayer of the Heart: Experience of praying and the dense array encephalography. *International Association for the Psychology of Religion. Programme Book of Abstracts, 2013 Conference, Lausanne*, pp.132-134.
6. **Louchakova-Schwartz, O.** 2015. *Suhrawardī's Nūr Mujarrad and Reduction in Husserl and Henry: Illuminism as Phenomenological Philosophy* [Abstract]. The 7th Biennial Conference of the Association for the Study of Persianate Societies, Sept 7-11 2015, Istanbul, p. 72.
7. **Louchakova-Schwartz, O.** Achotegui, J. The Self in Migration (the Ulysses Syndrome) and Psychology's Moral Stance. *Proceedings of the Annual Midwinter Meeting of the Society of Theoretical and Philosophical Psychology*, Salt Lake City, Utah, March 11-13, 2016, p. 21-22.

Book Proposal (under review with De Gruyter Academic Publishers)

(T)ex(t)perience: Phenomenological Analyses of Introspection and Subjectivity in Early Antique and Medieval Writings

Full Papers in Conference Proceedings

1. **Louchakova, O.** 1992. Principy chteniya esotericheskoi literatury. [Principles of reading the esoteric literature]. In V. Chvanov (Ed.), *Proceedings of the All-Union Symposium "Phenomeny jivoi i nejivoi prirody,"* (pp. 195-212). Moscow, 1990. Moscow, Russia: Baikal Foundation.
2. **Louchakova, O.** 1998. Kundalini yoga/Cognitive science: The study and model of human emotions. In B. Greenwell and **O. Louchakova** (Eds.), *Proceedings of the 7th International Symposium, Kundalini Research Network "Understanding Kundalini: Quantum evolution for the new millennium"* (pp. 61-70). Norcross, GA: Simpson.
3. **Louchakova-Schwartz, O.** (to appear). A phenomenological approach to comparison: Suhrawardī's *nūr mujarrad* and Husserl's reduction. *Proceedings of the Athens World Philosophy Congress*, 2013.

Abstracts and Presentations

Oral Presentations

National/International Meetings

Note: Invited talks and meetings that I helped to organize are marked by an asterisk.

- Louchakova-Schwartz, O., Castaneda, H., Crouch, C. 2016. *Somatic Awareness and the Symptoms of Chronic and Multiple Immigrant Stress*. Proposal submitted to Div 45 Conferences, Stanford, July 7-9.
- Louchakova-Schwartz, O., Achotegui, J. The Self in Migration (the Ulysses Syndrome) and Psychology's Moral Stance. Paper to be presented at the session of annual Midwinter Meeting of the Society of Theoretical and Philosophical Psychology, Salt Lake City, Utah, March 11-13, 2016.
- Louchakova-Schwartz, O., Castaneda, X. Immigrants Living in Extreme Situations: Symptomatology of Chronic and Multiple Immigrant Stress (the Ulysses Syndrome). Paper to be presented at the 9th Annual Conference of the Society of Humanistic Psychology (Division 32) of the American Psychological Association, in partnership with San Francisco State University. March 17-20, San Francisco State University, San Francisco, CA.
- Louchakova-Schwartz, O. and Schwing, J. 2015. Prayer of the Heart in Clinical Pastoral Education. Workshop with Jurgen Schwing, Director of Spiritual Care at Kaiser Permanente's Diablo Service Area, at the International Congress on Pastoral Care and Counseling (ICPCC), San Francisco, Oct 15-21, 2015.*
- Louchakova-Schwartz, O. (2015, September). *Suhrawardī's Nūr Mujarrad and Reduction in Husserl and Henry: Illuminism as Phenomenological Philosophy*. The 7th Biennial Conference of the Association for the Study of Persianate Societies, Sept 7-11 2015, Istanbul.*
- Louchakova-Schwartz, O. Oct 1-3, 2014. *The Symphony of Sentience, in Cosmos and Life: in Memoriam Anna-Teresa Tymieniecka*. Keynote paper at the 64th Congress of Phenomenology jointly convened by The World Phenomenology Institute and International Society of Phenomenology and Sciences of Life of the University of Macerata and the Catholic University of the Sacred Heart, Milan, Italy (October).*
- Louchakova-Schwartz, O. 2014. *Transformative Practices in Clinical Chaplaincy Education*. Invited workshop at the Association of Clinical Pastoral Education, Bay Area Mid-summer Conference 2014 Pacific Lutheran Theological Seminary Tuesday, July 8, 2014.*
- Louchakova-Schwartz, O. (2014, August). Egological, non-egological and embodied self-transcendence: What it can teach us about the mind, religious concepts, and the brain. In. J. Nielson (Chair), *Thinking about Possibility, Potential and Change: The Concept of Transcendence in the Western Intellectual Tradition*. Symposium conducted at the 122nd Annual Convention of the American Psychological Association, Washington D.C.*
- Louchakova-Schwartz, O. 2013, August. *Dia-Log(os): Genesis of Communicological Virtues in the Phenomenology of Life, with the reference to the Advaita Vedānta of Ādi Śaṅkara*. Paper presented at the XXIII World Congress of Philosophy, Athens.
- Louchakova-Schwartz, O. 2013. *Shihāb al-Dīn Suhrawardī and Muḥy al-Dīn ibn 'Arabī: A Hitherto Neglected Comparison*. Plenary lecture, Muhyiddin Ibn-Araby Society Annual Symposium, Graduate Theological Union, Berkeley (May).*
- Louchakova-Schwartz, O. 2013, August. *A phenomenological approach to comparison: Suhrawardī's nūr mujarrad and Husserl's reduction*. paper at the XXIII World Congress of Philosophy, Athens.
- Louchakova-Schwartz, O. 2013. *Light, Self, and Essence: Guided Meditations on Suhrawardī's Nūr Mujarrad*. Workshop at the Annual Symposium of Muhyiddin Ibn-Araby Society, Graduate Theological Union, Berkeley.*
- Louchakova-Schwartz, O. 2013. *Suhrawardī's Nur Mujarrad, Husserl's Reduction, and Neoplatonic "Immaterial Light": A Crucial Interpretive Error in the Translations of Suhrawardī's Corpus*. Invited lecture at La Facultad de Filología, University of Salamanca, Spain.*
- Louchakova-Schwartz, O. 2013, August. *The Hesychastic Prayer of the Heart: Experience of Praying and the Dense Array Encephalography*. Paper at the 2013 Congress of the International Association for the Psychology of Religion, Lausanne, Switzerland.
- Louchakova-Schwartz, O. 2012, August. *Neurophenomenology as Heuristics in the Shaping of the Self*. Paper at the American Psychological Association, 120th Annual Convention, Orlando, FL, August 4-8, 2012.
- Louchakova-Schwartz, O. 2012. *Phenomenological Method in the Study of Esotericism: Part 1: Lebenswelt*. Paper at the Fourth International Conference "Esotericism, Religion, and Culture", June 14-17, 2012, Association for the Study of Esotericism, UC Davis.
- Louchakova-Schwartz, O. 2012. *Dia-Log(os): Genesis of Communicological Virtues in Phenomenological*

- Ontology*. Paper at the the International Coalition of North American Phenomenologists, New York, Fordham University, May 25-27, 2012.
- Louchakova-Schwartz, O. 2012. *Mutual Enlightenment: Cognitive Phenomenology in the Study of Tibetan Meditation*. Paper presented at the Fifth Annual Conference of the Society for Humanistic Psychology, Division 32 of the American Psychological Association, Pittsburg (March 29-April 1, 2012).
- Louchakova-Schwartz, O.2012. *Dia-Log(os): Genesis of Communicative virtues in the Phenomenology of Life*. Seminar III. Post-Metaphysical Dialogue, Theme: «About communicative being in post-metaphysical times/Dell'essere che si comunica nel tempo della Post-metafisica». Invited lecture, March 28, 2012, University of Macerata, Italy.*
- Louchakova-Schwartz, O. 2012. *Meditation in cultural contexts: Egological contemplative practices*. Paper presented at the 3rd ATP-ITP conference, Atherton, CA (February).*
- Louchakova-Schwartz, O. 2011. *Method and intuition in Tymieniecka's Phenomenology of Life*. The 61st International Congress of Phenomenology, Istanbul Kültür Üniversitesi (Istanbul, Turkey; June/July).*
- Louchakova-Schwartz, O. 2011. *The logos of unity: Philosophy and spiritual practice in the Sufi way of life*. Keynote talk at the Symposium of the International Association of Sufism, San Rafael, CA (June).*
- Louchakova-Schwartz, O. 2011. *A paradox of the new enlightenment: The "endangered" self in the path(o)s of individualizing life*. Plenary lecture, at the symposium Vie Della Fenomenologia Nella Post-Modernita Confronto Con La Fenomenologia Della Vita Di Anna-Teresa Tymieniecka /Phenomenological Paths in Post-Modernity. A Comparison with the Phenomenology of Life of A.-T. Tymieniecka, Pontifica Università Antonianum, Rome, Italy (January).*
- Louchakova-Schwartz, O., 2011. *Intention vs. attention: Tantric meditation practices in transformative education*. Paper presented at the Association for Contemplative Mind in Higher Education 3rd Annual Conference The contemplative campus, Amherst College, Amherst, MA (November).
- Louchakova-Schwartz, O., 2011. *Merleau-Ponty's reflective analysis and ontology in experiential science: Embodied visual cognition in Louchakova-Schwartz, O., 2011. Tibetan meditators*. Paper presented at the 30th International Human Science Research Conference, Oxford (July).
- Louchakova-Schwartz, O., 2011. *Phenomenologies of philosophy and mysticism: A framework for comparative analysis. Part 1: Lebenswelt*. Paper presented at the ICNAP III, the meeting of the International Coalition of North American Phenomenologists, Washington DC, Arlington, Shirlington Library (May).
- Louchakova-Schwartz, O. 2010. *The seal of philosophy: Tymieniecka's Phenomenology of Life in an Islamic metaphysical perspective*. Theme paper presented at the World Phenomenology Institute Section, American Philosophical Association, Boston (December).*
- Louchakova-Schwartz, O. 2010. *The world in the heart: Antiquity and Tymieniecka's ontopoietic logos*. The 60th International Congress of Phenomenology, University of Bergen, Bergen, Norway (August).*
- Louchakova, O. 2010. *Neurophenomenology as neuro-ontology in meditation research*. Invited paper, Annual meeting of the American Psychological Association, Division 24 Theoretical and Philosophical Psychology, Florida.*
- Louchakova-Schwartz, O.2010. *Understanding the "transpersonal" brain: Neurophenomenological advances*. Plenary speech at the ATP-ITP conference "Spirituality in Action: Bringing Transpersonal Psychology to a World in Crisis," Palo Alto, CA (February).*
- Louchakova-Schwartz, O., 2009. *Neurophenomenological study of Tibetan meditation: Merleau-Ponty-based design and analysis*. Paper presented at the 117th American Psychological Association Annual Convention, Toronto, Canada (August).
- Louchakova, O. 2009. *The history of the "I."* Plenary talk at the First Science and Non-Duality Conference, San Rafael, CA (October).*
- Louchakova-Schwartz, O., 2009. *Contra Husserl, body supports spiritual awareness. How? Flesh of the world in Tantrik meditation*. Paper presented at the 15th International Conference Toward a Science of Consciousness, Hong Kong, China (June).
- Louchakova, O. 2008. *Sohbet in healing of cultural trauma*. Keynote talk, Annual symposium of the International Association of Sufism, San Rafael, CA (April).*
- Louchakova, O. 2008. *Revisioning transpersonal psychotherapy: A feminist phenomenological approach*. Plenary talk at the Annual Conference of the European Association of Transpersonal Psychology, Loire Valley, France (October).*
- Louchakova, O. 2008. *Phenomenological reconstitution of the body and psyche during study of Advaita-Vedanta (Traditional Indian teachings of non-dual consciousness)*. Paper presented at the 14th Toward a Science of Consciousness Conference, Tucson, AZ (April).
- Kozhevnikov, M. & Louchakova, O. 2008. *Influence of meditation styles on visual/spatial cognition*. Paper presented at the 14th Toward a Science of Consciousness Conference, Tucson, AZ (April).
- Louchakova, O. 2007. *Developmental influences of spiritual experience: A closer look*. Paper presented at

- the 115th American Psychological Association Annual Convention, San Francisco, CA (August).
- Louchakova, O. 2007. *Psychoanalytic reading of the body and spiritual dimension of focusing*. Paper presented at the 115th American Psychological Association Annual Convention, San Francisco, CA (August).
- Louchakova, O. 2006. *Phenomenology of ego-transcendence: Methodological, cultural, developmental issues*. Paper presented at the 25th International Human Science Research Annual Conference, Pleasant Hill, CA (August).
- Louchakova, O. 2006. *Esotericism of the Heart in Sufism and Hesychasm: Ibn-Arabi's Interpreter of Desires and The Ladder of Divine Graces of Theophanis The Monk*. Paper presented at the 2nd Association for the Study of Esotericism Biannual Conference, Davis, CA.
- Louchakova, O. 2006. *Ontopoiesis and the self: Phenomenological investigations of egological and non-egological condition*. Paper presented at the 12th Toward a Science of Consciousness Conference, Tucson, AZ (April).
- Louchakova, O. 2006. *Mediating intimacy: Essential Ibn-Arabi for education and psychotherapy*. In *Know Yourself*. Annual symposium of the Muhyiddin Ibn'Arabi Society, Berkeley, CA (October).*
- Louchakova, O. 2006. *Ontopoietic healing of the trans-natural soul: Foundations of clinical theory in the thought of Anna-Teresa Tymieniecka*. Annual meeting of the American Philosophical Association, Washington, DC.*
- Louchakova, O. 2005. *Ontopoiesis and spiritual emergence: Bridging Tymieniecka's Phenomenology of Life and transpersonal psychology*. Plenary talk at the 55th International Congress of the World Society for Advanced Phenomenological Research and Learning, "Phenomenology of Life: From the Animal Soul to Human Mind," Radboud University, Nijmegen, Netherlands.*
- Louchakova, O. 2005. *Developmental approach to spontaneous awakening: Case histories and clinical strategies*. Paper presented at the 6th Nondual Wisdom and Psychotherapy Annual Conference, Palo Alto, CA (April/May).*
- Louchakova, O. 2005. *Self beyond the ego: Issues in phenomenological psychological study*. Paper presented at the 24th International Human Science Research Annual Conference, Bournemouth, UK (August).
- Louchakova, O. 2005. *Ontopoiesis and spiritual emergence: Bridging Tymieniecka's phenomenology of life and transpersonal psychology*. Paper presented at the 55th International Congress of the World Society for Advanced Phenomenological Research and Learning, Nijmegen, Netherlands (August).
- Louchakova, O. 2004. *Transpersonal psychology as human science: Overview of the qualitative research methods in transpersonal psychology*. Paper presented at EUROTAS European Conference, London, England (August). *
- Louchakova, O. 2004. *Spiritual tracks in life-span development: Restoring the human person*. Paper presented at the 112th American Psychological Association Annual Convention, Honolulu, HI (July/August).
- Louchakova, O. 2004. *Training of the researcher's mind for successful qualitative research*. Paper presented at the 112th American Psychological Association Annual Convention, Honolulu, HI (July/August).
- Louchakova, O. 2004. *Via Kundalini: Intentionality of consciousness according to Shakta-Vedanta*. Paper presented at the 10th Toward a Science of Consciousness Conference, Tucson, AZ (April).
- Louchakova, O. 2004. *Character transformation in spiritual emergence: Alternative clinical interventions*. Paper presented at the meeting of the American Association of Transpersonal Psychology, Palo Alto, CA. *
- Louchakova, O. 2004. *Phenomenological architecture of self-awareness: Applications in education and transpersonal psychotherapy*. Paper presented at the meeting of the American Association of Transpersonal Psychology, Palo Alto, CA.*
- Louchakova, O. 2004. *Despertar Espiritual na Idade Moderna: Transformacoes do Ser. Emergencia Espiritual e Crise Religiosa: Patologia, Equilibrio e Ampliacao da Conscioencia*, Paper presented at the Associacao Luso-Brasileira de Transpessoal, Lisbon, Portugal. *
- Louchakova, O. 2004. *Transpersonal epistemologies: Research of the whole person*. Paper presented at EUROTAS European Conference, London, England (August). *
- Louchakova, O. 2004. *Prayer of the Heart as a preventive medicine*. Paper presented at EUROTAS European Conference, London, England (August).
- Louchakova, O. 2004. *Ontopoiesis and unity in the Prayer of the Heart: Contributions to psychotherapy and learning*. Paper presented at the 3rd World Congress of Phenomenology, Oxford University, Oxford, England (August).
- Louchakova, O. 2004. *Towards the comparative history of esotericism: Kundalini awakening in the West*. Paper presented at the 1st Conference of the Association for the Study of Esotericism, East Lansing, MI (June).
- Louchakova, O. 2004. *Transpersonal epistemologies: Research of the whole person*. Plenary talk at the

- EUROTAS European Conference Research Section, London, England (August). *
- Louchakova, O. 2003. *Psychospiritual practices from the Prayer of the Heart in monitoring the cardiovascular disorders: A case study*. Paper presented at the Spirituality and Health-Care Bi-Annual Conference, Toronto, Canada.
- Louchakova, O. 2003. *Culture and body in transpersonal discourse*. Paper presented at the 111th American Psychological Association Annual Convention, Toronto, Canada (August).
- Louchakova, O. 2003. *Psychospiritual development through the life-span*. Paper presented at the 111th American Psychological Association Annual Convention, Toronto, Canada (August).
- Between 1991 and 2002, talks in many Churches of Religious Science and Unity, and various spiritual centers, not listed here.
- Louchakova, O. 1989. *Early Multiple Sclerosis diagnostics*. Paper presented at the 4th International Symposium, "Mechanisms of Brain Function," Varna, Bulgaria.
- Louchakova, O. 1998. *Kundalini yoga/Cognitive science: The study and model of human emotions*. Paper presented at the 7th Kundalini Research Network International Symposium Understanding Kundalini: Quantum evolution for the new millennium, Norcross, GA.*
- Wall, K. & Louchakova, O. 1998. *Research on effectiveness of contemplative psychological techniques*. Paper presented at the International Association of Applied Psychology, San Francisco, CA.

Local/Regional Meetings

- Louchakova-Schwartz, O. 2011. *Non-duality West: Neuroscience and meditations in the spiritual heart*. Invited workshop at the Salus Clinical Training Institute, Bath, UK (September).*
- Louchakova-Schwartz, O. 2011. *Phenomenology and Islam: Towards an integrative perspective on science*. Invited lecture, Bournemouth University, Dept of Psychology, Bournemouth, UK (July).*
- Louchakova-Schwartz, O. 2010. *Prayer of the Heart and spiritual guidance*. Kaiser Northern California Spiritual Care Services, 10th anniversary symposium, Kaiser Permanente, Walnut Creek, CA (March).*
- Louchakova-Schwartz, O. 2010. *Understanding consciousness and its brain: Advances in neurophenomenology*. Invited lecture at the Point Park University, Confluence Psychology Alliance Student group, Pittsburgh, PA, (February).*
- Louchakova, O. 2009. *Understanding consciousness and its brain: Advances in neurophenomenology*. Invited MAP lecture at the University of Seattle, Seattle, WA. *
- Louchakova, O. 2009. *Return of the self: Entering the era of neurophenomenology*. Invited address, Cultural Integration Fellowship, San Francisco, CA.*
- Louchakova, O. 2007. *Spiritual awakening*. Cultural Integration Fellowship, San Francisco, CA.
- Louchakova, O. 2005. *Spiritual guidance in varied traditions*. In *The heart of spiritual guidance*. Conference conducted in Palo Alto, CA.*
- Louchakova, O. 2004. *Research frontiers in spiritual awakening: Transformations of the self*. Colloquium conducted at the Institute of Transpersonal Psychology. Palo Alto, CA. *
- Louchakova, O. 2003. *Transpersonal methodologies in research and education: Kundalini process, cultural studies, and fitness of the researcher training*. Annual meeting of the EUROTAS delegates, Bucharest, Romania.*
- Louchakova, O. 2002. *Neuroimmunology vis-à-vis Kundalini yoga: Life-span as a subtle energy endeavor*. Tesla Society, San Francisco, CA.*
- Between 1991 and 2002, talks in many Churches of Religious Science and Unity, and various spiritual centers, not listed here.
- Louchakova, O. 1991. Galactocerebrosides in research and clinical work. Paper presented at the Society for Neurology and Psychiatry, Leningrad, Russia.

Other Creative Products

Cognitive Psychological Research of Buddhist Meditation

This project, conducted in response to HH Dalai Lama's challenge to cognitive scientists at the MIT 2003 conference, revealed a previously unknown fact that visual short term memory can be enhanced by training.

Featured on BBC, Science Daily and other important forums, 2007-2009

<http://www.sciencedaily.com/releases/2009/04/090427131315.htm>

<http://highplainsbuddhist.blogspot.com/2009/04/meditate-and-become-not-just-more.html>

Hridayam® Program in Holistic Health

<http://www.hridayammethod.org/>

This is a program in visual and somatic meditation techniques. The outcomes of the program are shown to improve self-reported mental and physical health and produce cognitive enhancement.

YouTube Interviews

<https://www.youtube.com/watch?v=I3QnDY8hjDU>

<https://www.youtube.com/watch?v=u6LBQJKB6Mc>

Patents and Technology Transfer

Louchakova, O. and Taranova, N. Method for determination of the nervous system alterations. Author certificate USSR 1413531. *Bull. Otkr. Izobr.*, 07.30.88., n.28.

Louchakova, O. and Taranova, N. Method for obtaining the galactocerebroside antigen. Author certificate USSR 1461465. *Bull. Otkr. Izobret.*, 02.28.89, n.8

Louchakova, O. and Zulev, N. Method for the differential diagnostics of peripheral neuropathy. Author certificate USSR, 4776382/14, *Bull. Otkr. Izobret.*

Hridayam® Method Trademark, USPTO #4346348, reg. June 4 2013.

Olga Louchakova-Schwartz, M.D., Ph.D.

Teaching Portfolio

Summary of Teaching Philosophy

I use transformative transpersonal pedagogy, whole person learning and learner-centered approaches which are based in phenomenology and Rudolf Steiner work. I am committed to evidence-based assessment of learning. Along with intellectual rigor, I value in-depth dialogue with my students, and placing topics of the study in a broader cultural context. I appreciate differences of all kinds, including individual leaning styles. Inspiration, creativity, as well as critical thinking, perseverance, and repeated trials are always welcome in my classroom. My hope as a teacher is to provide a vehicle for excellence and sharing not only thorough acquaintance with the topic, but through integrity, passion, respect for the individuality of students, stimulating curiosity, and abundant sharing of knowledge. I hope to enable students to develop a lifelong commitment to these values, whatever career they chose.

Educational Activities

1992-present

Teaching

GLO 370 Comparative World Religion, Hult International Business School,
San Francisco Campus

Fall 2016

SPH 278 Qualitative Research as Applied to Health, UC Davis School of
Medicine, Dept of Public Health Sciences

Spring 2016

GPHD/PHD/MATP 75xx Psychology and Public Health, Sofia University

Fall 2016

GPHD 8401 Neurophenomenology and Philosophy of Mind (online, <u>course developer</u> and instructor), 10 weeks, 3 units, Sofia University	
GPHD 8102 Neurocorrelates of Human Experience (online, <u>course developer</u> and instructor), 10 weeks, 3 units, Sofia University	2015
SPPT 2010 Prayer of the Heart (<u>course developer</u> and instructor), 15 weeks Patriarch Athenagoras Orthodox Institute, GTU	2015
PHD-4251.0 Phenomenology of the Body (<u>course developer</u> and instructor), Institute of Transpersonal Psychology/Sofia University	2013 -
Phenomenology of Perception (course developer and instructor) Institute of Transpersonal Psychology/Sofia University	2011-
PRES 6687 Biological Correlates of Mind and Spirit (course developer and instructor), 3 units, 10 weeks, Institute of Transpersonal Psychology	2011, 2012, 2013
PRES 6930 Introduction to Phenomenology, 10 weeks, 3 units (<u>course developer</u> and instructor), Institute of Transpersonal Psychology	2011, 2012, 2013
Topics in Complexity (<u>course developer</u>), Sofia University	2014
PHD 4251 Phenomenology of the Body (<u>course developer</u> and instructor) Institute of Transpersonal Psychology	2013, 2014
PRES 6733 Self, Culture and Contemporary Psychology (<u>course developer</u> and instructor), 3 units, 10 weeks, Institute of Transpersonal Psychology	2014
Phenomenology and Islam (<u>course developer, proposed</u>), UC Berkeley, Religious Studies Program	2013
Sufism (<u>course developer, proposed</u>), UC Berkeley, Religious Studies Program	2013
MATP 5222 Transformative Training (<u>course developer</u> and instructor), 9 units, 30 weeks, Institute of Transpersonal Psychology	2012, 2013, 2014
PHDR 6041 Introduction to Cognitive Science, 10 weeks, 3 units (<u>course developer</u> , director, instructor), Institute of Transpersonal Psychology	2009, 2011, 2012, 2013
PRES 5703 Spiritual Emergence and Emergency, 1 unit, doctoral retreat Institute of Transpersonal Psychology	2011, 2012
EWP 6752 Transpersonal Psychology (<u>course developer</u> , director, lecturer) California Institute of Integral Studies	2008, 2009
Lifespan development and spiritual maturity (instructor), 3 units Institute of Transpersonal Psychology	2004-2005
Spiritual Competencies in Psychotherapy (instructor), Saybrook Institute	2004
GLBP 9781 Culture and Consciousness, 3 units (<u>course developer</u> , director, instructor, online and residential), Institute of Transpersonal Psychology	2003, 2004, 2005, 2006, 2007
Prayer of The Heart, and the teachings of Dionisius Areopagite, Marguerite Porete and Meister Eckhart, 10 weeks, 3 units, John F Kennedy University (<u>course developer</u> and lecturer)	2002, 2003, 2004
PRES 237 Spiritual Emergence/Emergency, 2 units, 10 weeks (<u>course developer</u> and lecturer), Institute of Transpersonal Psychology	2003 -2011 yearly
ISD 5318 Advaita-Vedanta/Self-Realization, 10 weeks, 3 units (<u>course developer</u> and lecturer) John F Kennedy University	1997, 1998, 1999, 2001, 2002, 2003
Psychology of Spiritual Awakening (Course developer and instructor), 3 units, 14 weeks, Starr King School for the Ministry	1994, 1995, 1996, 1997, 1998
Esotericism of G. Gurdjeff, 10 weeks, 3 units (Course developer and lecturer) (John F Kennedy University)	1994, 1995, 1996, 1997
Integrative Spiritual Practice (Course developer and lecturer), 2 units Rosebridge Graduate School of Psychology, CA	1994, 1995, 1996
ISD 5314 Shakti- Kundalini Yoga, John F Kennedy University; Graduate Theological Union	1994, 1995, 1996, 1997, 1998, 1999, 2000, 2001, 2003, 2006, 2008, 2009
Texts and Practices (<u>courses developer</u> and instructor): in Vedanta: <i>Advaita Makaranda</i> , <i>Dakshinamurti Stotra</i> , <i>Avadhuta Gita</i> in Kashmiri Shaivism: <i>Vijnanabhairava</i>	1993-1999

in Christianity: *The Philokalia*
in Islam: *Ibn-Arabi: Fusus al-Hikam, Tarjuman al-Ashraq; al-Iskandari: Key to Salvation*
Hridayam® School, The Bay Area, CA

Student Supervision in Research Setting

PRES 2446 Transpersonal <u>Research Practicum</u> , 30 hours Institute of Transpersonal Psychology, more than 30 students Sofia University, two PhD programs with more than 90 students, Supervision in transformative technology/EEG lab	2004 – present, every quarter
PRES 5952 Research Group, 30 hours Institute of Transpersonal Psychology	2012, 2013, 2014

PRES 6298 Research Group Meditation and Yoga / Concentrative Spiritual Practices: Self-Experiment with Cognitive Testing , 30 hours Institute of Transpersonal Psychology	2007, 2008, 2009
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Teaching Research Courses

PRES 6503 Introduction to EEG: basic principles, recording and analysis techniques (course director), 2 units Institute of Transpersonal Psychology	2010
PHDC3250 (SN 14405) Researching Religious or Spiritual Experience, 10 weeks, 1 unit Institute of Transpersonal Psychology	2010
Doctoral Research and Process (“miniproposal”), 3 units (course developer and instructor), Institute of Transpersonal Psychology	2007, 2008, 2009
PRES 6298 Meditation and Yoga/Spiritual Practices as Clinical Interventions (course developer and instructor), 2 units Institute of Transpersonal Psychology	2007, 2008, 2010
PRES 6068 Advanced Research Methods in Transpersonal Psychology/ Introduction to Phenomenological Method (course developer and instructor), 2 units. Institute of Transpersonal Psychology	2005, 2006, 2007, 2008, 2009, 2010, 2012
698C Research in Spiritual Practice (course developer and instructor), 2 units Institute of Transpersonal Psychology	2003
PRES 6298 Diversity Research Group (course developer, director and instructor), 2 units Institute of Transpersonal Psychology	2001 – 2007, yearly

Doctoral Dissertation Chairing, Advising and Supervision

External Examiner on Shomik Mukherjee's PhD Dissertation entitled 2016
Sketching the Human Self, from the University of Aberdeen

Supervision of Dissertations in Research Setting

Bracciodietta, L. Experience of peace in women survivors of cancer during 2014-present
chemotherapy.

Institute For Physicians Advancement, St. Petersburg, USSR, 2 doctoral 1980-1989
dissertations

First Medical Institute, St. Petersburg, USSR, 2 doctoral dissertations

Chair of more than 40 doctoral dissertations, selected titles:

Sofia University, CA Present

Ambrose, P. Spiritual Emergence: Phenomenological investigation of what
"Kundalini awakening" means to people who benefited or suffered
from it.

Crouch, C. A critical narrative analysis of the experience of identification with
an ancestor through learning about family genealogy.

Graham, A. A call to leadership among the women of Afro-American ancestry

Bracciodietta, L. Experience of peace in breast cancer survivors

Rivadeneira, A. Existential enquiry into experience of curiosity

1992-2013

Institute of Transpersonal Psychology, CA

Acebedo, Aimee. (2011). Phenomenological analysis of the transformational
experience of self in Ashtanga Vinyasa yoga practice.

Amlani, Alzak. (1995). Diet and psychospiritual development: physiological,
psychological, and spiritual changes and challenges associated with
lacto-ovo vegetarian, vegan, and live food diets.

Brown, Jean. (2005). Inquiry into the understanding and applications of DSM-
IV category Religious or Spiritual Problem, V-Code 62.89 by American
Psychological Association (APA) psychologists.

Burdge, Sarah. (2006). The relationship between spirituality and peace
activism: phenomenological inquiry into the experience of peace
activists in Israel.

Carey, John Timothy. (2005). An inquiry into the psychological, spiritual, and
cultural conflicts experienced by some Western practitioners of
Buddhism.

Chang, Ima Chin (1998). Chinese transpersonal education: effects on high
school teachers and general public adults in Taiwan.

Chiang, Mei-Yan. (2010). A phenomenological study of the guided movement
from literal to metaphorical descriptions of a past meaningful
experience.

Hatt, Sean Patrick (2009). ADHD in black and white: a comparative inquiry in
narrative and photographs examining the social construction of
Attention-Deficit/Hyperactivity Disorder in poor African American and
affluent white families.

Farina, Susanna. (2006). Journeys to wholeness: a multicultural study of
integration as a mode of acculturation in first generation immigrants in
the San Francisco Bay Area.

Fogel, Agatha. (2010). Cultural psychological origins of somatic illness and the
pathways to healing in Eastern European immigrant women in the
United States.

Kuhar, Robert (2005). An exploration of the impact of education and
engagement in science on scientists' metaphysical beliefs and
spirituality.

- Mullin, Sarah Abbott Hastings (2012). In search of the true "I" : a heuristic inquiry into the lived experience of self for practitioners of Uwaiysi Sufism.
- Mulvihill, Jayne. (2008). Eating disorders as a spiritual hunger : a phenomenological inquiry into the role of spirituality in recovery.
- Moorehead, Patricia (2001). The experience of transformation in Christian mysticism: interviews with nine Roman Catholic contemplatives.

Teaching Professional Trainings

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|--|-----------|
| Transformative Leadership Training (Hridayam ® basic, intermediate, advanced, teacher training), approx 120 hours per year | 1992-2004 |
| Training therapists in Therapeutic Breathwork™
Clinical therapy centers, The Bay Area, 20 hours total | 1993-1994 |

What the students say:

- " Very good class. I leaned very much. Excellent material and instruction." (2013)
- "Best class I had this year." (2014)
- "This class was excellent. It provide a foundation of balance for all my other classes and enhanced them all." (2011)
- "This is the best course in the curriculum." (2011)
- "Wonderful. This course is vital to the curriculum. " (2011)
- "This class was fundamental to my whole learning this year. " (2014)
- "She is a great teacher and helped me to continue to grow internally as well as learn the subject". (2014)
- "The learning process was structured in a very effective way allowing for the comprehensive integration of didactic material with interactive exercises, facilitating interesting and engaging discussions without overwhelming students with the innate complexity of the subject. I would certainly recommend this class for anyone who is interested in learning about the human brain and mind. This course was so motivating and enriching that if I had a chance, I would take this class again." (2016)
- "Excellent teacher, inspiring, and her enthusiasm for the subject is infectious." (2014)